

PLAYER GUIDELINES FOR RETURNING TO COURT

Prior to Arrival

1. DO NOT come to the club/venue if you or anyone in your household are unwell, even with mild symptoms.
2. You MUST have a court booked before arriving at the club - with the names of both players entered - unless you are playing solo. This will assist our track and trace procedures.
3. Please arrive no more than 5 minutes before your booking time.
4. Please arrive in your kit, ready to play apart from your squash shoes that can be changed into on court.
5. You will need to bring a water bottle (the water fountain has been turned off), sanitising gel and/or wipes along with a towel and if you are prone to sweating a lot, bring a few spare T-shirts.

On Arrival

1. Sanitise your hands as soon as you enter the building. There will be sanitising stations at the entrance and outside each court.
2. Proceed directly to your court and take all your equipment on court with you.
3. Please respect social distancing guidelines - as some people may be more nervous about returning to court than yourself.

Whilst Playing

1. Please follow the 'ways of play' outlined in my previous e-mail.
2. Do not wipe your hands on the court walls - if you accidentally touch the walls, please wipe down immediately using sanitising wipes.
3. Keep your distance - please ensure you adhere to current social distancing guidelines.
4. If you aren't from the same household - only one member is to handle the ball.
5. Please refrain from handshakes or physical contact at the end of your session.
6. You must stop playing after your 40 minute or 60 minute booking. This will allow us to 'rest' the court for 20 minutes before the next players come on.

After Playing

1. At the end of your game please leave the courts immediately.
2. As you exit the court, please sanitise your hands and then clean all touch points, most importantly the door handle with your sanitising wipes.
3. The changing rooms and showers will be CLOSED to reduce the risk of transmission.
4. Once outside the club, you can then have a proper catch up with your opponent.
5. If you would like to visit the bar, please towel yourself down outside the club and change your t-shirt and if possible sit outside - you will also have to sign in at the bar for their track and trace procedures.
6. If you get diagnosed with COVID-19 within 2 weeks of visiting the club, please inform Andrew Breen ASAP